

**FEEDING NEEDS. FOSTERING HOPE.**

**CARITAS PC IS NOW**



**MEALS  
ON  
MAIN  
ST.**

**NEW HOME. NEW NAME. EXPANDED MISSION.**

**509 N. MAIN STREET PORT CHESTER, NY 10573**

# CARITAS PC STARTED IN 1995 AS A VOLUNTEER PROGRAM THAT PROVIDED HEALTHY FOOD TO LOCALS IN NEED

Since our earliest days as a soup kitchen, our vision has been to foster hope for a better tomorrow by providing healthy food to people in need in Port Chester and the surrounding community. We incorporated as a 501(c)(3) in 2012, with the dream of one day having our own brick-and-mortar presence in the community we serve.

That dream is now becoming a reality.

**TO LEARN MORE, VISIT [MEALSONMAINST.ORG](http://MEALSONMAINST.ORG)**



# INTRODUCING COMMUNITY-BASED FOOD HUBS

**A FASTER WAY TO GET PERISHABLE PRODUCE, MEATS  
AND DAIRY PRODUCTS TO FAMILIES IN NEED.**

## **HOW IT WORKS**

The Community-Based Food Hub, or CBFH, is a resource center for combating food insecurity with a network of large and small points of contact within the community. We will provide small volunteer-run organizations and student groups with a supply of healthy farm-fresh and recovered perishable food items just in time to be distributed to pop-up pantries, farmers' markets and community gatherings.



Our first Community-Based Food Hub will be located in our new facility at **509 N. Main Street in Port Chester.**

The CBFH is outfitted with a commercial kitchen for meal preparation, a dining area and pantry for walk-ins and people with emergency needs, and a large refrigerated and temperature-controlled storage facility for bulk deliveries and distributions. It provides quick and easy access to cooked meals and fresh and non-perishable food to families in need — directly and through partnerships with local agencies and organizations.

# MORE NEED. MORE PARTNERS. STRONGER NETWORK.

## OUR PARTNERS

Angelo's Pizza  
Black Forest Pastry Shop  
Brunswick School  
Castleview Deli; CitiGroup  
Community Synagogue of Rye; Christ's Church Rye  
Cornell Cooperative Extension  
Costco  
County Harvest  
CVS Pharmacy  
Empire City Casino  
Feeding Westchester; FLIK Hospitality Group  
Garden Catering  
Greenwich Academy  
Greenwich High School  
Greenwich Hospital; Greenwich United Way  
Helping Hands for the Homeless & Hungry  
Hilltop Hanover Farm  
I.B.M.  
J. Martino Provisions  
Junior League of Westchester on the Sound  
Kvarøy Arctic  
Larchmont Mamaroneck Hunger Task Force  
MBIA  
Midland School  
Mid Westchester Elks Lodge #535  
Neri's Bakery  
New York School for the Deaf  
Our New Way Garden  
Pasquale's Ristorante  
PepsiCo  
Port Chester Middle School  
Purchase College Food Pantry  
Reckner  
Redemption Community Church  
Restaurant Depot  
Resurrection Outreach and School  
Rock Can Roll  
Rye Country Day School  
Rye Presbyterian Church  
Rye Ridge Pharmacy  
Sacred Heart Greenwich  
Scarsdale Middle School  
Southern Westchester BOCES Culinary Program  
St. Francis AME Church  
St. Peter's Church; Stop & Shop  
T&J Pizza and Pasta; The Capitol Theatre  
The Giving Circle; The Kneaded Bread  
The Port Chester Carver Center  
The Reach Academy Culinary Program  
The Salvation Army  
The Shade Store  
Trader Joe's  
Wegmans  
Westchester Jewish Center  
Whole Foods  
Windward School

# MORE WAYS WE CAN HELP. MORE WAYS YOU CAN VOLUNTEER.

## MEALS ON MAIN STREET MEAL DELIVERY PROGRAM

The perfect way to get volunteers involved in tackling food insecurity within the community, while also following safe social distancing guidelines. Deliveries serve **80-100 families per trip** and require **10-12 volunteer drivers** and **2-3 volunteer coordinators** to bag, label and load meals into vans.

## POP-UP PANTRY

This versatile option enables groups as small as 3-6 volunteers to set up farmers' markets or tabletop pantries wherever the community has identified a food desert or area of food insecurity. The **CBFH** can supplement the pantry's supply with everything needed on the day of the event. Volunteers will load vans with tables and food and deliver everything to the Pop-Up Pantry before the event.

## JUST-IN-TIME PANTRY SUPPLY

This companion to our **Food Recovery Program** will provide local pantries and community groups with a supply of fresh donated produce from retailers, wholesalers, local farms and community gardens. First, staff or volunteers pick up produce and other perishable food items from supermarkets and distributors. Finally, they clean and package usable food for immediate distribution.

## COMMUNITY DINNERS PROGRAM

This important program provides local community groups cooked food for immediate consumption. Our refrigerated and heated **Meals on Main Street** truck delivers trays of food — both hot and cold — for volunteers to serve to the community for lunch or dinner. To qualify for this program, each volunteer group must have a certified **ServSafe Food Handler** in charge.

## IMPORTANT ADMINISTRATIVE TOOLS AND SUPPORT

For an agency or organization to effectively begin and maintain its own pantry, meal or food distribution program, we will provide all necessary tools — including great ways to solicit and schedule volunteers, plan events and train coordinators.

# CHANGE DRIVEN BY NECESSITY

**BEFORE COVID-19, THE POVERTY RATE IN PORT CHESTER WAS 12.9% AND IN WESTCHESTER IT WAS 9.2%. THOSE NUMBERS ARE RISING.**

The pandemic brought with it unprecedented demand:

**4,000 MEALS SERVED PER MONTH  
SUDDENLY BECAME 16,000**

**400 HOUSEHOLDS THAT RECEIVED  
GROCERIES BECAME 3,400**

We were also faced with unforeseen challenges and had to react. People could no longer join us for a meal in our dining room or gather to shop for groceries in our indoor market, and we had reached the limit of what we could produce from the kitchen. We quickly realized our old food-pantry model wasn't going to work anymore. Rather than having people come to us, we urgently needed a way to get meals and groceries to them.

By shifting our focus from serving food to managing preparation and distribution, we have become a food hub for the community — receiving and processing donations not only for our pantry, but also for our partners' pantries.

This effort has been so successful and the growing need so great that we are now working to create a wide network of participating kitchens and smaller distribution points such as neighborhood pantries and home delivery services.

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